



TRAINING ROOM

Physical Therapy, Fitness & Runner's Clinic

Elvis Ramnarace

Doctor of Physical Therapy

950 Glades Road – Suite 200

Boca Raton, FL 33431

tgrmpt@att.net

561-826-0334



RUNNER'S EVALUATION



**IMPROVE RUNNING MECHANICS &
REDUCE INJURY OCCURANCE**

**Evaluation Includes Complete
Musculoskeletal Evaluation & Slow Motion
Running Analysis Using High Speed Camera Technology**

RESEARCH-BASED APPROACH PROVEN TO TREAT:

- ✓ Sports Injuries
- ✓ Headaches
- ✓ Post Operative Cases
- ✓ Neck Pain
- ✓ Shoulder/Rotator Cuff Pain
- ✓ Elbow Pain
- ✓ Wrist/Hand Pain
- ✓ Mid Back/Rib Pain
- ✓ Postural Dysfunction
- ✓ Core Strengthening
- ✓ Low Back Pain/Sciatica
- ✓ Sacroiliac Joint Pain
- ✓ Hip/Groin Pain
- ✓ Osteoarthritis
- ✓ Knee Pain
- ✓ Ligament Sprains/Tears
- ✓ Muscle Strains/Tears
- ✓ Ankle/Foot Pain
- ✓ Plantar Fasciitis



TRAINING ROOM

Physical Therapy, Fitness & Runner's Clinic

Elvis Ramnarace

Doctor of Physical Therapy

950 Glades Road – Suite 200
Boca Raton, FL 33431

tgrmpt@att.net

561-826-0334

